

Cattle Baron Grill and Bistro Paarl is tucked away in the historic town of Paarl, within the Pontac Manor Hotel Estate, in the heart of the Cape Winelands. Surrounded by majestic oak trees and manicured gardens. Cattle Baron Paarl encompasses a modern and relaxed dining ambience with a menu featuring popular Cattle Baron favourites, with some new innovations added to our culinary traditions.

Our menu features many dining favourites however we are most renowned for our mouth-watering steaks. The secret of our success lies in the preparation and maturation of our meat. We choose to hand select our beef, dry-ageing it in our own environment, ensuring our steaks are consistently juicy, tender and full of flavour. Be sure to take a stroll to our open butchery, where all our selections are on display for you to choose your next cut from.

Our attention to detail and focus on the cutting and preparation of our meat is impeccable. Our meat cutting techniques are exclusive to Cattle Baron and our secret seasoning salt and basting sauce are designed to bring out the natural flavours of our steaks. We buy the highest quality ingredients, use a timeless recipe and grill our steaks flawlessly everytime offering the ultimate steak experience.

We pride ourselves in offering our customers exceptional quality, value for money and unsurpassed standards of service in relaxed surroundings. Our wine list offers the very best local wine selections but if your favourite bottle is not on our list, you are welcome to bring your own because another Cattle Baron claim to fame is our \*NO CORKAGE FEE policy. (\*Terms & Conditions Apply)

Go visit our online webpage and butchery at **www.cattlebaronpaarl.co.za** and see the wide selection of cuts and products we have available for you to order to enjoy. So, whether you visit for lunch, dinner or a private function, the Cattle Baron is the perfect venue to relax, unwind and enjoy dining excellence.





JRY AGER

SUPERIOR BEEF

"Côte de Poeud"

Pone in

Rib Sye Steak

www.cattlebaronpaarl.co.za

# Our Menu



BLEU/RARE:

В

Brown seared crust with red centre.

**MEDIUM RARE:** 



Brown seared crust warmed through with a warm red centre.

**MEDIUM:** 



Outside a well done dark brown with a pink hot juicy centre.

**MEDIUM WELL:** 



Outside dark brown, centre cooked thoroughly.

**WELL DONE:** The emphasis is in the word.



All weights advertised on this menu are raw weights prior to cooking. Weight losses may occur and will vary depending on the length of cooking time.

We baste our steaks with our famous BBQ sauce but If you wish to taste the beef on it's own don't forget to mention that you want it without our BBQ sauce.

#### **MAIN COURSE POLICY:**

All main course dishes are served with a complimentary choice of steakhouse cut chips, sweet potato chips, potato wedges, baby potatoes, mash, savoury rice, garden salad, roasted mediterranean vegetables or our famous creamed spinach and butternut.

Our policy also extends to our complimentary bread service and no corkage fee.

Some products may contain traces of nuts.

Terms and Conditions Apply.

#### **GRATUITY POLICY:**

We hereby respectfully advise that gratuity is not included in our menu prices.

The norm for good service is 10% or more of the total bill depending on the quality of service.

Tables of 10 or more may be subject to a standard gratuity.

Please enquire with management for details.





# **Starters**

(serves 3-4) starter platter for the table 235

(subject to availability) skaapstertjies 135

	a combination of our signature stuffed mushrooms, deep-fried calamari steak strips with tartar sauce and spicy asian style bbq buffalo wings.
75	add: (250g) boerewors 85   add: crumbed halloumi sticks
105	<b>oven baked snails</b> baked in garlic compound butter <b>or</b> creamy garlic sauce <b>or</b> with creamy garlic sauce & gratinéed with blue cheese shavings.
95	chicken livers peri-peri pan-fried in a rich and creamy napolitana and peri-peri sauce. served with freshly baked bread.
98	<b>chicken wings</b> flame-grilled chicken wings dunked in a spicy asian style habanero chilli and bbq sauce.
85	crumbed halloumi cheese sticks crumbed halloumi cheese sticks
89	crumbed mushrooms crumbed button mushrooms served with our home-made tartar sauce.
98	stuffed mushrooms asty deep-fried white buttons filled with a delicate mixture of cheese, breadcrumbs, garlic, parsley & sherry, served with our home-made tartar sauce.
95	roasted marrow bones oven roasted and served with onion rings and croûtes.
105	calamari steak strips soft & tender calamari steak strips, deep-fried to golden hue and served with tartar sauce.
120	mussels local half shell black mussels poached in sauvignon blanc, finished with a delicate garlic and cream sauce. served with baked bread.
120	full wheel camembert soft and creamy full wheel camembert crumbed & deep-fried. served with sweet preserved figs and crunchy caramelized walnuts.
130	calamari tubes patagonian tubes and tentacles grilled in a lemon butter, served on parmesan risoto.
120	steak tartare a gourmet classic, finely chopped tender chalmar sirloin, mixed with egg yolk, capers, onion, gherkins, parsley and maldon salt. served with croûtes.
130	<b>venison carpaccio</b> thinly sliced smoked venison, drizzled with rocket & walnut pesto. topped with pickled radish, grated grana padano & crème fraîche.
135	panko prawn & avocado cocktail

panko crumbed prawns with fresh sliced avocado (seasonal) and cucumber ribbons, dressed with our in-house marie rose sauce.

lamb tails chargrilled and basted with our famous barbeque sauce and flambéed with brandy at the table.



# Salads

fresh garden side salad 48

a variety of mixed greens, cucumber, tomato, red onion, red cabbage & spring onions.

add: feta & olives 30 | (seasonal) add: avocado 30 | add: chopped chilli 15

traditional greek 119

chunky cucumber, tomato, red onion, peppers and black calamata olives with pepper crusted feta.

caprese 129

colourful heirloom tomatoes, buffalo mozzarella and basil leaves, drizzled with rocket & walnut pesto.

(segsongl) add: avocado 30

beetroot, roasted butternut & feta salad 115

baby beetroot, roasted butternut, feta cheese, pumpkin seeds, rocket and mixed greens topped with toasted onions and balsamic reduction.

add: chicken 45 | add: grilled halloumi cheese 45 | (seasonal) add: avocado 30

"the house" chicken & avocado salad 159

pan-fried chicken strips asian glazed with fresh avocado (seasonal), feta, crispy bacon bits and toasted onions served on a variety of mixed greens.

seared sirloin, roquefort & fig salad 185

perfectly seared sirloin, roquefort cheese, preserve figs and toasted onions served on a variety of mixed greens.

Vegetarian

#### veggie burger 165

veggie based patty topped with grilled halloumi cheese, served in a grilled black mushroom bun with lettuce, tomato, gherkins and dressed with balsamic glaze and B-well mayonaise. served with a choice of starch.

#### vegetable stack 165

grilled black mushroom topped with oven roasted mediterranean vegetables, grilled halloumi cheese and finished with a tomato salsa and balsamic reduction, served with a choice of starch.

#### mushroom risotto 165

rich and creamy risotto with braised brown mushrooms, pan-fried mediterranean vegetables, finished with grated grana padano and pumpkin seeds.

#### crêpes florentine 185

savoury crêpes filled with spinach, feta & grilled mushrooms topped with spicy napolitana sauce, grated grana padano and served with a choice of starch.



# **Burgers**

180g flame-grilled forequarter beef patty / grilled or crumbed chicken breast served on a fresh brioche bun with lettuce, tomato, red onion, sweet & tangy gherkins, and our famous Cattle Baron burger mayo, served with a choice of starch.

- add a 160g chicken breast to any burger 45
- add a 180g forequarter beef patty to any burger 52
- to substitute a patty for a 200g wagyu beef patty add 60
  - regular burger 145
  - (subject to availabity while stocks last) thin lizzie 185

grilled black mushroom bottom bun (seasonal), avocado (seasonal) & cheddar cheese.

cheese burger 159

topped with cheddar cheese.

buddy bolden burger 170

topped with grilled bacon and fried egg.

louisiana burger 170

topped with grilled bacon and cheddar cheese.

kid ory's burger 175

topped with grilled bacon, cheddar cheese and avocado (seasonal).

texas manor burger 175

topped with habanero salsa, jalapenos and cheddar cheese.

nevada burger 185

topped with grilled bacon, avocado (seasonal), camembert & toasted onions.

blue cheese, fig & bacon burger 185

topped with blue cheese shavings, fig preserve & grilled bacon.

two fisted jackson burger 225

double burger, topped with double grilled bacon and double cheddar cheese.

(subject to availibity - while stocks last) the steakhouse burger 220

180g fillet steak cubes marinated in a whiskey bbg sauce topped with caramelised onion, cheddar cheese and deep-fried onion rings.

the wagyu burger 210

200g wagyu beef patty topped with caramelised onion, cheddar cheese, crispy bacon bits, and garlic aïoli sauce.



# **Primal Cuts**



fillet			200g   <b>235</b>	300g   <b>305</b>
angus rib eye				400g   <b>340</b>
chalmar rump		300g   <b>239</b>	400g   <b>295</b>	600g   <b>375</b>
chalmar sirloin	200g   <b>198</b>	300g   <b>239</b>	400g   <b>295</b>	600g   <b>375</b>
grassfed rump (s	p/kg   SQ			











larger cuts available upon request.

our steaks are basted with our famous BBQ sauce. If you wish to taste the beef on it's own, please mention that you want it without our BBQ sauce.

our main course dishes are served with a complimentary choice of steakhouse cut chips, sweet potato chips, potato wedges, baby potatoes,
mash, savoury rice, fresh garden salad, roasted mediterranean vegetables or our famous creamed spinach and butternut.

convert any of our cuts to blackened pepper style 48

coated with crushed black peppercorns, grilled & flambéed with brandy and served with a creamy pepper madagascar sauce on the side.

**convert any of our cuts to surf & turf** *add deep-fried calamari steak strips served with tartar sauce.*55

**add: oven roasted marrow bones** *seasoned and oven roasted, then served on-top of your beef.* 

**Speciality Sauces & Butters** 

# **Tasty Additions**

39	creamed spinach and butternut	49	cattle baron béarnaise sauce, champignon sauce,	
4	pumpkin fritters		chimichurri (argentinian sauce), blue cheese sauce,	
48	roast mediterranean veg		biltong & cheese sauce, whiskey cream sauce.	
49	steakhouse cut chips	40	mushroom sauce, green peppercorn madagascar sauce,	
49	sweet potato chips		cheese sauce, creamy garlic sauce, monkey gland sauce.	
49	braai broodjie	35	sliced jalapeños , chopped chillies, habanero paste.	
49	deep-fried onion rings	45	garlic butter, habanero chilli & garlic butter,	
70	grilled mushrooms		fresh herb butter, <b>café de paris butter</b> .	



meals "to share" are served with two or four starch choices. sharing a meal gives you more taste options. MealsTo Share

		(to share) chateaubriand for two 500g	560
our signature fillet steak flambéed with brandy & served with mushroom sauce	s, cattle b	aron béarnaise sauces and starch options for two.	
		(to share) chateaubriand for four 1kg	940
our signature fillet steak flambéed with brandy & served with mushroom sauce	s, cattle bo	ron béarnaise sauces and starch options for four.	
(to sha	re - sliced	in the kitchen) t-bone steak for two 800g	600
a dry-aged 800g t-bone grilled and sliced off the bone, oven roasted marrow bones, co	rispy fried	onion rings and sauce and starch options for two.	
(to share - sliced in th	he kitcher	) tomahawk wingrib steak for two 1kg	620
a dry-aged 1kg tomahawk wingrib grilled and slice cattle baron bbq sauce, maldon salt, c		one, oven roasted marrow bones, served with our onion rings and sauce and starch options for two.	
(to share	e - sliced i	n the kitchen) chalmar beef picanha 700g	630
a 700g brazillian favourite, roasted and grilled, oven roc maldon salt, cı		ow bones, served with our cattle baron bbq sauce, onion rings and sauce and starch options for two.	
(to she	are - slice	d in the kitchen) beef experience for two	580
a combination of 200g chalmar sirloin, 200g fillet, served with our cattle baron bbq sauce, maldon salt, c			
(to sho	re - slice	in the kitchen) beef experience for four	1180
a combination of 400g chalmar sirloin, 300g fillet, 400g angus rib ey served with our cattle baron bbq sauce, maldon salt, cr			
		(to share) pork experience for two	590
500g pork loin spare ribs grilled and basted to perfection, 400g roasted succulent pork belly, 450g and grana padano, oven baked till golden brown and served with homemade saurkraut, o			
		(to share) pork loin spare ribs for two	540
1,2kg pork loin spare ribs grilled and	basted to	perfection and served with starch options for two.	
(to share) p	ork loir	spare ribs and chicken wings for two	540
		ction and flame-grilled chicken wings dunked in a bbq sauce and served with starch options for two.	
some add-on options to choose from to enhance the sharing exp	erience.	Enhance the Experie	nce
(200g) chalmar sirloin "plankie" style	170	(2 x bones) roasted marrow bones	55
(220g) lamb loin chops	140	braai broodjie	49
(400g) beef ribs	140	(250g) boerewors	85
(400g) pork loin ribs	160	(crumbed or grilled) chicken wings	90



### Meat on the Bone

Meat derives most of its flavour from the bone. Consequently, grilling a cut of meat on the bone is best practice for foregrounding a cut's inherent flavour.

We purchase our beef from local farmers, sourcing only the best quality carcasses to ensure the best cuts for our diners. All our blocks are sealed with beef fatover a couple of days to secure the right amount of encasement and then dry-aged, for periods of 42 to 60 days to provide a flavourful taste profile but also a melt in your mouth experience. We hope you enjoy the quality and passion we put into our beef.

#### (all cuts are subject to availability or subject to ageing)

**dry-aged t-bone** 600g **375** served with marrow bones.

(the porterhouse steak) dry-aged t-bone 800g served with marrow bones.

dry-aged sirloin on the bone 600g 320 served with marrow bones.

(dry-aged côte da boeuf - bone in rib eye steak) the kings cut 600g 540 served with marrow bones.

dry-aged tomahawk wingrib 1kg 620 served with marrow bones.

\*\* dry-aged grassfed t-bone p/kg SQ served with marrow bones.

\*\* dry-aged grassfed sirloin on the bone p/kg SC served with marrow bones.

beef spare ribs 800g 325

pork loin spare ribs 500g 290 | pork loin spare ribs 800g 385

(45min preparation time) dry-aged pork lomo 450g 280

dry-aged whole pork saddle, cut into a 450g chop, crusted with fresh herbs, grana padano, and crumbs, then oven-baked to golden perfection.

dry-aged lamb loin chops 440g 295

tender flame-grilled dry-aged lamb loin chops served with a choice of one of our speciality compound butters.

dry-aged rack of lamb 440g 300

oven roasted rack of lamb sealed with our lamb rub, served on mash, fresh mediterranean vegetables, pumpkin fritters and braised onion and lamb jus.

lamb shank 450g 310

oven grilled with rosemary red wine jus, served with fresh mediterranean vegetables on mash.

lamb rump 450g 330

dry aged lamb rumps, oven baked in our lamb rub, then finished off on the grill, served with a choice of speciality compound butters.

our steaks are basted with our famous BBQ sauce. If you wish to taste the beef on it's own, please mention that you want it without our BBQ sauce.

our main course dishes are served with a complimentary choice of steakhouse cut chips, sweet potato chips, potato wedges, baby potatoes, mash, savoury rice, fresh garden salad, roasted mediterranean vegetables or our famous creamed spinach and butternut.





# **Our House Specialities**

chateaubriand 300g | **349** 200g | **270** our signature fillet steak flambéed with brandy & served with mushroom sauce and our cattle baron béarnaise sauce. whiskey sauce fillet 200g **270** 349 300g fillet topped with our creamy braised shallot and johnnie walker whiskey sauce. blackened pepper fillet 200g | **270** 300g | **349** fillet coated with crushed black peppercorns, grilled and flambéed with brandy, gently simmered in a creamy pepper madagascar sauce. compound buttered fillet 200g **270** 300g | **349** served with a choice of habanero chilli & fresh garlic butter, or fresh garlic butter or fresh herb butter or café de paris butter. 200g **279** argentinian fillet 300g 355 topped with a chimichurri sauce "sauce of coriander, garlic, onion, flat leaf parsley, chilli & olive oil." fillet rossini 349 200g **275** 300g topped with our creamy chicken livers peri-peri. sautéed mushroom fillet 355 200g **275** 300g served on deep-fried rosti, topped with sautéed garlic butter mushrooms. carpetbagger 300g 355 fillet stuffed with hickory smoked mussels & cheddar cheese **OR** stuffed with crispy bacon, feta cheese & peppadews™ **OR** stuffed with chorizo, camembert & figs. 290 sirloin nevada 300g chalmar sirloin topped with grilled bacon, avocado (seasonal), camembert & toasted onions. 280 garlic rump or sirloin 300g chalmar rump or chalmar sirloin generously topped with a portion of garlic butter & freshly chopped garlic. 285 sirloin champignon 300g chalmar sirloin topped with a rich and creamy champignon sauce. blue cheese, fig & bacon sirloin 300g 290 chalmar sirloin topped with blue cheese shavings, fig preserve & grilled bacon. texas manor sirloin 300g 290 chalmar sirloin topped with habanero salsa, jalapeño and cheddar cheese, then gratinéed. 330 picanha caul skewer 400g 400g chalmar picanha skewered and wrapped in lamb caul fat, grilled to perfection, then seasoned with maldon salt. 285 pork belly 500g roasted succulent pork belly served with mash, ripe fig preserve and reduced pork jus.

our main course dishes are served with a complimentary choice of steakhouse cut chips, sweet potato chips, potato wedges, baby potatoes, mash, savoury rice, fresh garden salad, roasted mediterranean vegetables or our famous creamed spinach and butternut.



## Chicken

			470
crumbed	chicken	schnitzel	1/9

chicken breasts, crumbed & deep-fried. served with a choice of sauce.

#### (not too hot) spicy chicken stack 185

crumbed chicken breasts deep-fried layered with napolitana and cheese sauce, jalapeños, homemade chorizo, topped with grated grana padano.

#### chicken bacamberry 185

chicken breasts grilled and topped with bacon, camembert, toasted onions & served on a cranberry coulis.

#### chicken parmesan 185

crumbed chicken breasts deep-fried, covered in cheese sauce then layered with bacon, grated grana padano and toasted onions.

#### (come hungry) oven roasted chicken cordon bleu 195

bacon and cheese encased in an envelope of lightly crumbed chicken breasts.

#### skewered chicken wings 195

flame-grilled chicken wings dunked in a spicy asian style habanero chilli and bbq sauce.

# **Seafood**

#### deep-fried hake 175

lightly seasoned, dipped in our secret batter and deep-fried.

#### calamari steak strips 175

soft & tender calamari steak strips, deep-fried to golden hue and served with tartar sauce.

#### calamari tubes 245

patagonian tubes and tentacles pan-fried in a lemon butter served on a parmesan rissoto.

### seafood pan 275

deep-fried panko crumbed prawns and calamari steak strips served with a choice of peri-peri sauce, garlic compound butter or lemon butter sauce.

*add:* mussels pan-fried in a creamy garlic and white wine sauce 54

add: deep-fried hake 85

#### (subject to availability) kingklip thermidor 295

oven roasted fillet of kingklip covered in a thermidor sauce of garlic, mushrooms and prawns. finished with grated grana padano and grilled lemon .

#### (subject to availability) 400g whole baby kingklip 300

oven roasted and served with garlic butter or lemon butter sauce.

#### (to share) ocean platter for two 550

a combination of deep-fried hake, calamari steak strips, creamy garlic & white wine mussels and 6 king prawns, grilled in paprika butter, served with tartar sauce, lemon or garlic butter and starch options for two.

#### baked king prawns 325

king prawns oven roasted in paprika butter, served with a medley of garlic butter, lemon butter and peri-peri sauce.



- ice-cream & BAR-ONE® sauce 75 malva pudding 79 a traditional favourite, served with custard and \*cream or ice-cream. chocolate mousse 75 divinely decadent white and dark chocolate mousse served with a choice of \*cream or ice-cream. crème caramel 75 a smooth custard texture with a sweet, slightly sticky caramel layer on top. crème brûlée 79 a classic crème anglaise topped with a crunchy crust of caramelized sugar. apple crumble 79 freshly baked - worth the wait, served hot with a choice of \*cream or ice-cream. chocolate fondant 85 a molten chocolate cake with a crispy exterior and runny chocolate centre served with a choice of \*cream or ice-cream. (nut allergy) belgian waffle & chocolate brownie 98 delightful combination of belgian waffle & chocolate brownie pieces served with \*cream or ice-cream, smothered in maple syrup. baked cheesecake 98 served with \*cream or ice-cream. (nut allergy) chocolate peanut butter tart 98
  - **Speciality Coffees and Dom Pedros**

kahlúa, amarula, cape velvet, peppermint, frangelico, jameson irish whiskey, or amaretto.

soft chocolate ganache tartlet filled with peanut butter and served with a choice of \*cream or ice-cream.

- single coffee 69
- double coffee 85
- single dom pedro 69
- double dom pedro 85
- add: to any dom pedro. FERRERO ROCHER ® 40



# **Hot Beverages | Soft Drinks and Mixers**

BAR · ONE® | FERRERO ROCHER® | PEANUT BUTTER | CHOCOLATE BROWNIE | OREO



verages   Soit Dilliks and Ivilk	51 <b>3</b>
* decaf options available americano	35
cortado	38
cappuccino	39
café latté	42
chai latté	45
single espresso 32 double espresso	38
red cappuccino	39
tea- rooibos or five roses	32
hot chocolate	48
soft drinks & mixers	
tonic water, pink tonic water, lemonade, dry lemon, ginger ale 200ml	32
coca-cola, crème soda, fanta orange, sprite 300ml	36
reduced sugar soft drinks & mixers	
coke no sugar-lite taste, tonic zero, soda water 200ml	32
coke no sugar, sprite zero 300ml	36

red bull

cordials

fruit juices 45 milkshakes 48

ice coffee

rock shandy 45

steel works

**BOS** iced tea

watermelon red bull

appletiser / grapetiser

passion fruit, lime, kola tonic.

strawberry, chocolate or vanilla.

soda water, lemonade & bitters.

ginger ale, soda water, kola tonic & bitters.

la vie mineral water

still or sparkling 750ml.

48

48

44

39

39

69

58

55

45



# **Kids Meals**

#### junior steak & chips 95

150g sliced grilled sirloin cooked medium well

#### junior burger & chips 69

choice of 150g beef or chicken (grilled or crumbed).

#### junior cheese burger & chips 75

choice of 150g beef or chicken (grilled or crumbed) topped with a cheddar cheese slice.

- junior chicken strips & chips 59
- junior calamari steak strips & chips 65
  - junior pork spare ribs & chips 155

# **Kids Desserts**

- junior ice-cream & BAR-ONE® sauce 45
- junior belgian waffle, ice-cream & BAR-ONE® sauce 69
  - junior milkshakes 32

strawberry, chocolate, vanilla, PEANUT BUTTER, OREO, BROWNIE or BAR · ONE®

#### soda float 44

a single scoop of vanilla ice-cream with coca-cola, créme soda or fanta orange.

#### mix-o-treat

exclusive to the cattle baron. you choose the number of scoops and we provide the kit. chocolate and strawberry sauce, jelly babies, smarties, marshmallows & mint chocolate

- single scoop 49
- double scoop **59** 
  - triple scoop 65